



NHTGlobal



WELLNESS



Managing stress in our busy lives can be challenging. From work demands to family obligations, the stressors that we encounter from day to day can throw us off center and leave us feeling drained and overwhelmed. Too much stress can take a toll on our mental and physical well-being and negatively impact our mood, sleep, energy, and cognition. If not carefully managed, a stressful lifestyle can wreak havoc on our body over time and lead to serious health challenges in the long-term.

RelaxaPro

NHT Global's RelaxaPro is created to help ease everyday stress to bring you improved calm and balance.* This high-quality supplement is packed full of mood-lifting botanicals that reduce the effects of stress from within and promote ultimate relaxation.* It's specially formulated with Prolanza™ Ashwagandha Root Extract that is clinically shown to improve the body's response to stress due to its powerful adaptogenic properties.* The formula also contains lavender, lemon balm, and vitamin B6 to provide additional stress relief, brighten your mood, and promote more restful sleep.* When life gets stressful, RelaxaPro gives you soothing support to restore your serenity and help you maintain a calm body and mind.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Key Ingredients



Prolanza™ Ashwagandha Root Extract

A powerful adaptogenic herb that delivers clinically studied benefits for stress management, sleep, and cognition*



Lavender

Helps alleviate stress and improves mood*



Lemon Balm

Supports cognitive function and enhances relaxation*



Vitamin B6

Promotes a healthy brain and a balanced mood*



Magnesium

An essential mineral that supports stress relief and better quality sleep*

Key Benefits



STRESS*

Helps reduce the effects of stress*



MOOD*

Promotes calmness and relaxation*



SLEEP*

Improves occasional sleeplessness and promotes deeper, more restful sleep*



COGNITION*

Supports cognition and focus*

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Clinical Trial Results

Our Prolanza™ Ashwagandha Root Extract provides clinically tested support for stress management, sleep, cognition, and overall mental well-being.* In a double-blind, placebo-controlled trial, subjects who consumed Prolanza™ Ashwagandha Root Extract for 90 days experienced the following improvements compared to the placebo group:

- 9.3x** more decrease in **perceived stress***
- 1.7x** more decrease in **serum cortisol levels***
- 3.5x** greater improvement in **sleep quality***
- 3.6x** greater improvement in **memory recall***
- 2x** greater improvement in **mental well-being***

DIRECTIONS FOR USE

Take 2 capsules daily with water.

CAUTIONS

Consult your healthcare professional before use if you are under medical supervision or allergic to any ingredients. Keep out of reach of children. Avoid storage in direct sunlight, high temperature or extreme humidity.

INGREDIENTS

Prolanza™ Ashwagandha Root Extract, Lavandulin (Aerial parts), Lemon Balm Extract (whole herb), Magnesium Glycinate, Vitamin B6 (Pyridoxine HCl), Vegetable Capsule (Hydroxypropyl methylcellulose)

Prolanza™ is a trademark of Nutriventia Ltd

MANUFACTURED EXCLUSIVELY FOR

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